



EarlyON Child and Family Centre  
 7 Morrison Drive, St. Thomas Ontario N5R4S5  
 519-631-9496

Facebook/Instagram - EarlyON Child and Family Centre - St. Thomas Elgin



February 2019

Main Centre

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm
Play to Learn (0-6yrs) Messy Mondays  <div style="background-color: #90EE90; padding: 5px;">             Closed Monday              February 18              Family Day           </div>	Play to Learn (0-6yrs) Terrific Tuesdays	Play to Learn (0-6yrs) Winter Wonderland	Play to Learn (0-6yrs) Beat Cabin Fever  <b>Feb 7 - Baby-Led Weaning Workshop</b>	Play to Learn (0-6yrs) Fabulous Friday	Play to Learn (0-6yrs) Family Fun Day!  <div style="background-color: #90EE90; padding: 5px;">             Closed Saturday              February 16              Family Day              Weekend           </div>
1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	Closed in afternoon	1:00pm-4:00pm
Play to Learn (0-6yrs)	Play to Learn (0-6yrs)  Baby Time 1:00pm-3:00pm	Play to Learn (0-6yrs)	Play to Learn (0-6yrs)	<b>CLOSED</b>	Play to Learn (0-6yrs)

IF YOU WOULD LIKE TO RECEIVE OUR PROGRAM GUIDE/CALENDARS ELECTRONICALLY, PLEASE SEND AN EMAIL TO THE FOLLOWING EMAIL ADDRESS AND YOU WILL BE ADDED TO OUR MONTHLY CONTACT LIST.

[a.eveland@communitylivingelgin.com](mailto:a.eveland@communitylivingelgin.com)

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**REMINDER**

Our playground is still open! Please dress your child in appropriate clothing so that they can fully enjoy our outdoor program during your visit!  
Please bring indoor shoes or non-skid slippers to wear inside and keep your toesies cozy!

**PLAY TO LEARN**

EarlyON Child and Family Centres offer a variety of activities for families/caregivers with children ages 0-6.

Activity areas include dramatic play, crafts, blocks, books, puzzles, sensory and fine motor. Weather permitting, we will also have outdoor activities.

Snack is available for the children - (due to allergies -please do not bring food to our main centre)

Circle time is offered at the end of the program. This is a wonderful opportunity for you and your child to explore and play together. You can learn and play with your child, meet people and get advice.



**Multiples Monday**

The last Monday of the month we will host a Multiples Group at our main centre. This group is for families who have multiples - twins, triplets, quadruplets, quintuplets.....

**Monday February 25 2:00pm-3:30pm**



**Outside Play at Main**

Bring your winter clothes and enjoy the yard in the winter. There are shovels, sleds, snowball makers. Come and enjoy some winter fun!

**Baby-Led Weaning Workshop**

Thursday February 7 - 1:30pm to 3:00pm at EarlyON Main Centre

Are you interested in finding out more information about baby led weaning? Learn why baby-led weaning is effective, when and how to start solid foods safely, what foods to offer and how to adapt your family meals for your baby. Also learn practical tips and the right foods to offer to meet your baby's nutritional needs.

Please Register 519-631-9496

**Our Morning Programs at Main Centre**

**Monday Mornings - Messy Mondays** - Join us for Messy Activities, dress for the mess.

**Tuesday Mornings - Terrific Tuesdays** - Join us for some Tuesday Fun! Imagine, Experience, Explore and Create Together!

**Wednesday Mornings - Winter Wonderland** - Soak up the season and learn from nature with these toddler approved winter activities.

**Thursday Morning - Beat Cabin Fever** - Come join us for Toddler approved boredom busters.

**Friday Mornings - Fabulous Fridays** - Come and see what exciting adventures we will come up with. It will be Fabulous!

**Saturdays - 'Your Saturday Family Place'** - Come join us for Saturday play activities that promote early learning and build family relationships.

**Baby Time Every Tuesday 1:00pm to 3:00pm**

Join our friendly, relaxed atmosphere and together, you and your infant (birth to pre-walker) can participate in a variety of age-appropriate activities and meet other parents and share information, stories, and advice.



**Baby and Me Well Baby**

First Tuesday of the month 1:00pm to 2:30pm Tuesday February 5

Baby and Me Well Baby clinics provide an opportunity for you to check in with a Public Health Nurse about your child. Topics include: Growth and Development, Parenting, Immunization, Postpartum Mood and more.